

# VT-1161, a Novel Fungal CYP51 Inhibitor, Improved Survival in Murine Models of Coccidioidomycosis

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## Abstract

**Background:** VT-1161 (VT), a novel CYP51 inhibitor with low toxicity and a long half-life, is currently in Phase Ila studies. The MIC<sub>50</sub> against *Coccidioides* spp. is 1 µg/ml.

**Methods:** Swiss-Webster mice received lethal doses of *Coccidioides posadasii*. Mice infected intranasally (i.n.) with 500 spores were treated from 120 h post-infection (p.i.) for 7 d with VT 10 mpk (VT10) or 50 mpk (VT50), 50 mpk of fluconazole (FLU), or placebo (P), and sacrificed 1 d following the end of treatment (n=8) or 14 d later (n=8). Other mice were infected intracranially (i.c.) with 70-90 spores, and were treated from 48 h p.i. for 7 d with VT 25 mpk (VT25), VT50, FLU, or P and sacrificed 2 d after treatment. In an i.c. survival study, mice were treated for 14 d with VT25, FLU, or P and sacrificed up to 28 d later. Fungal burdens of lungs (LFB) or of brains/spinal cords were compared by ANOVA for significance of differences.

**Results:** In i.n. mice, all antifungal treatments reduced LFB compared to P (P<0.03) and none died; all P mice died by d 13. LFB of treated mice were similar to each other 1 d after treatment. However, two weeks after treatment, VT50 mice had significantly lower LFB than VT10 and FLU mice (P<0.001 for both). In mice with CNS infection treated for 7 days, all P mice died before scheduled sacrifice. Brain and spinal cord fungal burdens were decreased in VT mice compared to P or FLU mice (P<0.007). VT plasma concentrations were 26 and 52 µg/ml in the VT25 and VT50 mice, respectively, 2 d after last dose. In the CNS survival study, all VT25 or FLU mice survived the treatment period, while P mice died between days 7 and 9. Of 13 FLU mice, 10 died within 7 d of treatment. VT mice remained healthy until the middle of the third week when some developed transient CNS signs and/or lost weight, and two were euthanized in week 4. VT mice lived longer than FLU mice or P mice (P<0.001), and had lower brain and spinal cord fungal burdens. Four weeks following treatment, mean plasma concentration of VT was 1.5 µg/ml.

**Conclusions:** VT-1161 has a long half-life and significantly reduced lung, brain and spinal cord fungal burden and dissemination to other organs compared to P or FLU, as well as extending survival, in murine models of coccidioidomycosis. VT-1161 merits further exploration as a treatment for this potentially deadly disease.

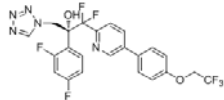
## Background

### Coccidioidomycosis

- Respiratory and systemic fungal infection endemic to the southwestern United States and Mexico.
- Infection ranges from asymptomatic to fatal. Coccidioidal meningitis is a severe and life-threatening consequence of infection (1).
- Coccidioides is a possible bioterrorism weapon (NIAID Cat. C agent) (2).

### VT-1161

- Highly selective for fungal CYP51 versus human CYPs (3).
- Crosses blood-brain barrier.
- Long half-life (>24 hrs) in all species examined.
- MIC<sub>50</sub> *C. posadasii*, strain Silveira, is 1 µg/ml and MIC<sub>100</sub> is 4 µg/ml.
- In Phase 2a studies for superficial and mucosal fungal infections.



## Methods

**Mice:** 8-week old F Swiss-Webster (Harlan Sprague Dawley, Indianapolis).

**Fungal Strain:** *Coccidioides posadasii*, strain Silveira, arthroconidia (spores) were counted with a hemacytometer and viability was determined by colony-forming units (CFU) on glucose-yeast extract (GYE) plates. (2) Final suspensions in sterile 0.9% saline were adjusted to deliver 500 spores in 30 µl for the respiratory challenge and 90 spores in 30 µl for the CNS infection (4,5).

**Drug Treatments:** VT-1161 was provided as a powder (Viamet Pharmaceuticals, Inc, Durham, NC) and dissolved in 20% Cremaphor EL (Sigma, St. Louis, MO). Fluconazole was purchased commercially and concentration adjusted with sterile water. 20% Cremaphor EL was used for placebo. All treatments were administered by oral gavage once (VT-1161, placebo) or twice (fluconazole) daily.

## Methods

### Study 1

- Mice (n=16/grp) were infected IN under anesthesia. (4)
- Treatment as follows for 7 days, starting 120 h p.i.:  
Grp 1: VT-1161 10 mpk once daily (VT10)  
Grp 2: VT-1161 50 mpk once daily (VT50)  
Grp 3: Fluconazole 50 mpk, divided BID (FLU)  
Grp 4: Placebo Cremaphor EL once daily (P)
- 8 mice were sacrificed 1 d post-treatment (p.t.) (d 12 p.i.) and 8 sacrificed 14 d p.t. (d 26 p.i.); moribund mice were sacrificed as needed.
- Lungs were quantitatively cultured by serial dilution (6); spleens were plated whole to assess dissemination.
- Plasma was collected from VT-1161-treated mice at euthanasia, sterilized, and frozen for analysis.

### Study 2

- Mice (n=11/grp) were anesthetized, skulls shaved and prepped, and injected with 30 µl inoculum intracranially (IC) with 29G needle. (3)
- Treatment as follows for 7 days, starting 48 h p.i.:  
Grp 1: VT-1161 25 mpk once daily (VT25)  
Grp 2: VT50 once daily  
Grp 3: Flu divided BID  
Grp 4: P once daily
- Mice were sacrificed 2 days p.t. and plasma collected as for Study 1.
- Brains and spinal cords were weighed, homogenized, and CFU determined on a per gram of tissue basis; lungs, livers and spleens were plated whole to assess dissemination.

### Study 3

- Mice (n=13/grp) were infected as for Study 2. Treatment started 48 h p.i. for 2 weeks as follows:  
Grp 1: VT50 once daily  
Grp 2: Flu divided BID  
Grp 3: P once daily
- Mice were sacrificed 4 weeks p.t. to assess survival. VT-1161-treated mice were bled for plasma as above and brains and spinal cords cultured quantitatively as in Study 2. Lungs, livers and spleens were plated whole to determine dissemination.

**Plasma drug levels:** VT-1161 concentration was measured by LC-MS from the frozen plasma and quantified by linear regression compared to standard curve.

**Statistical analysis:** Fungal burdens (CFU) were log transformed and compared by ANOVA. Survival was compared using Kruskal-Wallis. (Systat 8.0) Differences were significant at P<0.05.

## Results

### Study 1 – Respiratory infection

- Mice were sacrificed one day and 14 days p.t. All P mice died by d 13 (most moribund d 12). Drug-treated groups were healthy throughout treatment. VT10 mice lost weight (data not shown) and one died 3 d p.t.; all other drug-treated mice survived until end of study.
- Antifungal treatment significantly reduced lung fungal burden compared to placebo (P<0.03, all comparisons).
- Antifungal treatments did not differ from each other 1 d p.t., but at 2 weeks p.t., VT50 was better than VT10 (P<0.001) and Flu (P<0.001). (Table 1)

Table 1 – 1 day and 2 weeks post-treatment for primary lung infection

	Mean Lung Fungal Burdens (Log10 CFU)			
	VT10	VT50	Flu	P
day 1	5.60	5.24	5.4	7.56
day 14	5.58	3.99	5.32	7.58

## Results

### Study 1 - Dissemination

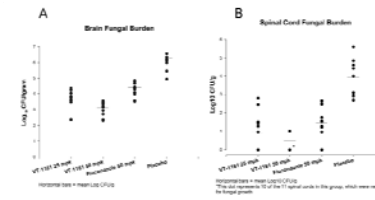
Day	Splenic Dissemination			
	VT50	VT10	Flu	P
Day 1	0/8	0/8	0/8	8/8
Day 14	1/8	6/7 <sup>1</sup>	3/4 <sup>2</sup>	7/8

<sup>1</sup> died of disease; <sup>2</sup> mice accidentally euthanized d 1 p.t., and 1 mouse deemed uninfected based on no fungus found at sacrifice d 14

### Study 2 - 1 Week Treatment of CNS Infection

- Mice received 90 spores IC. P mice were euthanized with CNS signs on days 7-8 p.i. All antifungal treated mice remained healthy until sacrifice on d 10 p.i.
- VT25 and VT50 significantly reduced brain cfu/g compared to Flu (P<0.007) and P (P<0.001). (Fig. 1a) Spinal cord data were similar, though 10/11 VT50 mice had no fungal growth. (Fig. 1b)

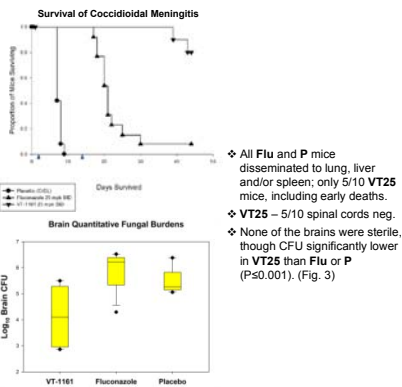
Fig. 1



### Study 3 - 2 Week Treatment for CNS Infection

- Mice received 70 spores IC. All P mice died between 7-9 days p.i.
- Flu mice were healthy during treatment, but began to develop CNS signs and require euthanasia within 48 h of stopping; all but one died prior to scheduled sacrifice. (Fig. 2)
- VT25 mice remained clinically normal until the third week p.t.; 2 died prior to scheduled sacrifice with weight loss and dehydration, not neurologic signs. (Fig. 2)

Fig. 2



## Results

### Plasma Levels of VT-1161

Table 2 - VT-1161 plasma concentrations (mean ± std deviation) from murine coccidioidomycosis studies

VT-1161 dose	Respiratory Study		CNS Study	
	1 day PT <sup>1</sup>	14 days PT	2 days PT	28 days PT
10 mg/kg	11 ± 2 µg/ml <sup>2</sup>	0.9 ± 0.5 µg/ml <sup>2</sup>	-	-
25 mg/kg	-	-	26 ± 8 µg/ml <sup>2</sup>	1.5 ± 0.5 µg/ml <sup>3</sup>
50 mg/kg	46 ± 14 µg/ml <sup>2</sup>	23 ± 8 µg/ml <sup>2</sup>	52 ± 24 µg/ml <sup>2</sup>	-

<sup>1</sup>Post-treatment; <sup>2</sup>Dosed once daily for 7 days; <sup>3</sup>Dosed once daily for 14 days

- Plasma levels of VT-1161 accumulated with repeat daily doses.
- Proportional with dose and reproducible between studies.
- Estimated half-lives from these data were 3-14 days depending on dose.

## VT-1161 Conclusions

- Significantly reduced fungal burden and prolonged survival in two fatal models of coccidioidomycosis in mice, pulmonary and CNS.
- More efficacious than fluconazole at prolonging survival and suppressing fungal burden in a CNS model of coccidioidomycosis.
- Not fungicidal with any dose or treatment times tested in these models, consistent with the fungistatic mechanism of CYP51 inhibition.
- Long half-life and strong selective binding for fungal cytochrome vs. mammalian have the following potential advantages over azole class antifungals:
  - reduced frequency of dosing
  - improved efficacy
  - fewer side effects
- Merits further exploration and development as a treatment for coccidioidomycosis.

## References

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- Warrillow AGS, Mertel CM, Parker JE, Lamb DC, Garvey EP, Hoekstra WJ, Moore WR, and Schotzinger RJ, Kelly DE, Kelly SL: The clinical antifungal, VT-1161, is a highly potent inhibitor of *Candida albicans*, but not human, CYP51. Interscience Conference on Antimicrobial Agents and Chemotherapy (ICAAC), 2011; F1-1386.

### Acknowledgements

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